



CORPORATE SAFETY CHALLENGE

25th April 2020

ABOUT CORPORATE SAFETY CHALLENGE

Nairobi, 25th April 2020 - Companies from across the country are set to participate in a first aid contest ahead of the world safety day.

The exercise is organized by St John Ambulance to test readiness of workplace first responders in giving emergency treatment.

Some of the skills tested include checking for dangers at an emergency scene, first aid treatments and use of bystanders. Areas of improvement are identified to allow for enhancement and disaster preparedness.

Winners of the competition will be awarded with trophies and assorted gifts.

Over the years, employees have not been helpful during emergencies due to lack of preparedness to handle injuries.

If workers are not prepared, conditions of their injured co-workers may worsen before an ambulance arrives and injuries can become far more unbearable, which leads to greater medical costs and lost productivity.

By making such a minimal investment in keeping employees safe and well-equipped with first aid skills, companies could net big returns, along with a competitive advantage.

Moreover, it's the law. The occupational safety and health laws in Kenya requires companies to provide first aid training to employees. Other requirements are installation of first aid and firefighting tools, as well as conducting of annual fire drills.

First aid competition is acted like a real crisis, with dummy casualties, to help new First Aiders learn how to cope with high pressure and quick decision making which is often required during emergencies.

Meals are given to all participants during the competition.

COMPETITION RULES AND REGULATIONS

A. CRITERIA

1. Participants must have valid First Aid certificates from St. John Ambulance or any other institution accredited by Directorate of Occupational Safety and Health Services.
2. A team shall comprise of two members. Gender balancing is highly encouraged.
3. The competition is based on current first aid and emergency responder curriculum.
4. Medical personnel, including doctors, clinicians, and nurses are not allowed to participate in the competition.
5. Paramedics and Emergency Medical Responders will be competing in the Emergency Medical Responder Category

B. MODALITIES

1. The Competition shall comprise of 30-minutes written theory and 7-minutes First Aid mock drill. Team members are expected to participate in both.
2. A team shall register with a participation fee of Sh5,000 (inclusive of meals). Organisations are encouraged to register as many teams as possible.
3. All the participating teams are encouraged to come with their first aid kits and other safety gears (PPEs)
4. Any form of cheating shall lead to automatic disqualification.
5. The challenge shall be free and fair. Examiners decision will be final.

C. TALLYING OF MARKS

1. Theory test rule: 30 questions in 30 minutes, constituting 30% of the aggregate scores.
2. Emergency drill: 7 minutes to respond and offer first aid to simulated casualties, constituting 60% of the aggregate score.
3. Rescue equipment and safety gears will also be judged, constituting up to 10% of the total scores.



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Registration Form

Contact Details		
Company Name	Team Name:	Telephone:
Contact person	Phone Number	E-mail
TEAM CAPTAIN		
1	Name	First Aid Certificate Expiry Date(DD/MM/YY) Phone Number
OTHER TEAM MEMBERS		
2	Name	First Aid Certificate Expiry Date(DD/MM/YY)
3		

By filling details above, you agree to be bound by the competition rules, and give permission for St John Ambulance to use your name, and photograph in news releases and publications related to this event.

Deadline for confirmation and payment is the 23rd of April 2020.

Return form to:	For more information contact
St John Ambulance P.O. Box 41469-00100, Nairobi. St John House, St Johns Lane, Off Parliament Road Email: training@stjohnkenya.org	Jacque Mburati Tel: 0721611555 E-mail: Jacque.mburati@stjohnkenya.org