

Annual Report 2008

St John Association of Kenya





St John

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Background to St John in Kenya

St. John Ambulance is a charitable organization established in Kenya by Cap 259 of the Laws of Kenya. The organization is humanitarian, non-political and non-profit making. It is run by a National Council composed of credible persons drawn from the private sector, Non-Governmental Organisations and the Government.

The aims of the organization are as stipulated below: -

- a) To encourage and promote all works of humanity and charity for the relief of persons in distress, sickness, suffering and danger without distinction of race, class colour or creed.
- b) To render aid to the sick and wounded in war or in peace and promote such permanent organisation in time of peace so that such aid may immediately be available in time of emergency, and such aid shall include the provision of the technical reserves for the medical services of the Government and the Armed Forces of Kenya.
- c) To have control and management in Kenya of St. John Ambulance and to promote , encourage and co-ordinate its work in all aspects in Kenya: and
- d) To promote, encourage and co-ordinate contacts between themselves and similar organisations under the name of St. John in other countries, the Kenya Red Cross Society and other similar voluntary or statutory organisations.

The operations of St. John Kenya are run primarily by volunteers. The Organisation has a total of 38 paid staff, majority of whom are based in Nairobi. Day to day activities are managed and co-ordinated by the Chief Executive Officer, supported by departmental managers.

St. John Kenya relies on donations from well-wishers and targeted fundraising for all its operations. The other source of income is fees charged for First Aid training courses conducted to commercial company staff and interested individuals. The income helps to purchase training equipment and maintain the existing ones but does not meet the total running costs of the organisation.

St. John Kenya operates nationally and has established offices in the following Regions (Branches):-

- Nairobi
- Coast
- Nyanza
- Western
- Rift Valley
- Eastern
- Central

The operations of St. John Kenya are concentrated around the major towns (Provincial Headquarters) but the organisation's ambition is to spread its operations to the rural areas and remote regions of the country.

Our Mission, Vision and Goals

Mission

To provide First Aid, Health Care and Emergency services to all humanity irrespective of their colour, class or creed and to create and enhance the capacity of the society to care for its health needs.

Vision

A leading organization of disciplined and committed volunteers with the capacity to save lives and promote health.

Goals

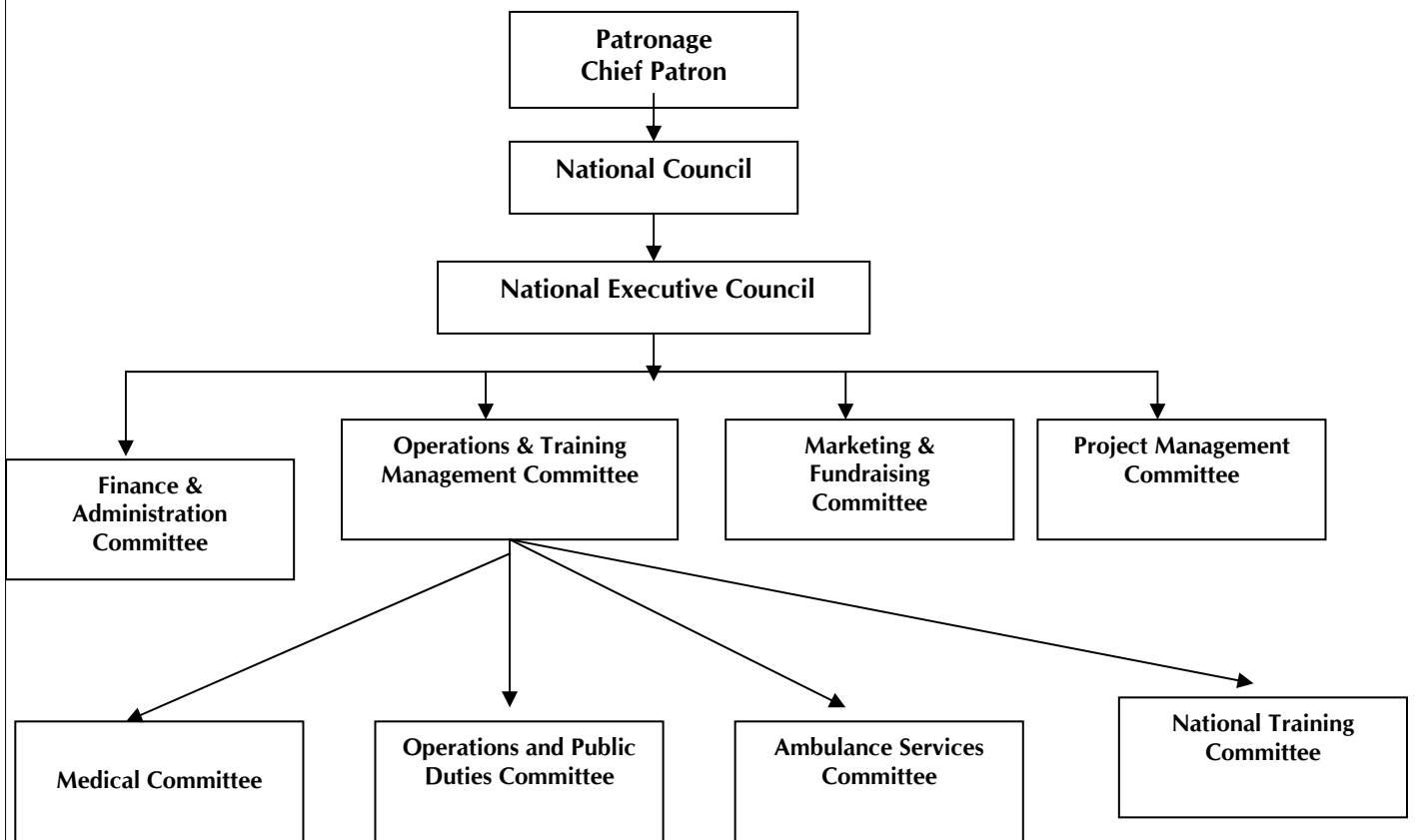
The main goals : -

- a) To encourage and promote all works of humanity and charity of the relief of persons in sickness, distress, suffering and danger without any distinction of race, class, colour and creed.
- b) To render aid to the sick and wounded in war or in peace and promote such permanent organization in time of peace so that such aid may immediately be available in time of emergency, and such aid shall include the provision of the technical reserves for the medical services of the Government and the Armed Forces of Kenya.
- c) To have control and management in Kenya of St. John and to promote, encourage and co-ordinate its work in all aspects in Kenya; and
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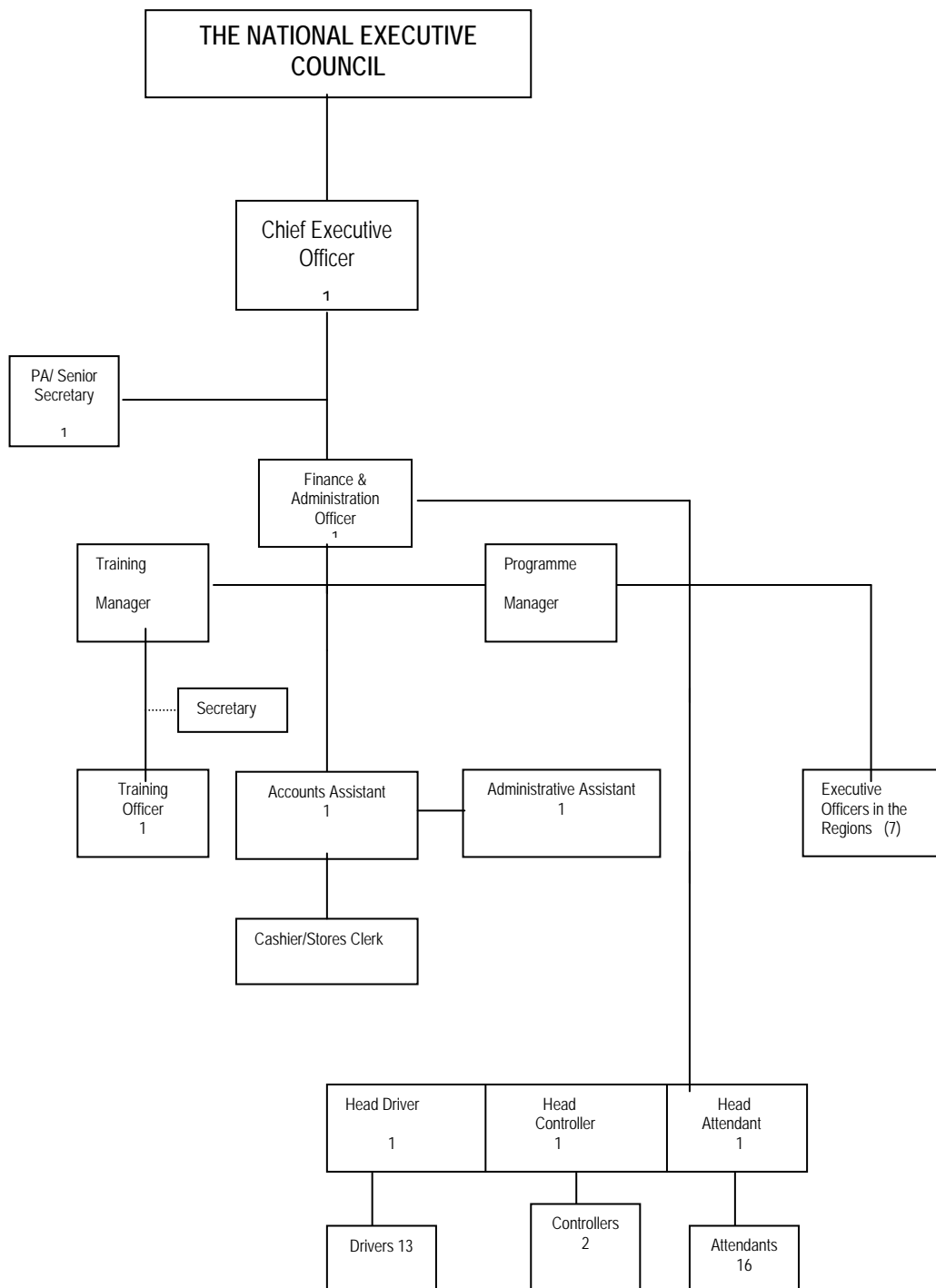


The Vice President and Minister for Home Affairs, His Excellency, Honourable Stephen Kalonzo Musyoka, EGH, MP, being presented with a gift by St. John Badgers during the Annual Parade and Inspection ceremony held on 22nd June 2008.

Our structure



Staff Structure



Activities

a) First Aid training

First Aid training is one of the key programmes of St. John Kenya. St. John desires to have at least one person per household equipped with First Aid skills.

The Training Department trained 10,349 people in 2008 as shown here below: -

No.	Type of Course	Trained 2008	Participants
1	First Aid at Work	1977	Staff of various companies and Government Ministries.
2	First Aid at Work Refresher	749	These were participants who were certified in 2006 and were coming back for a refresher course.
3	First Aid at Work Brigade	5181	St. John uniformed volunteers who undertook their usual training in First Aid.
4	First Aid at Work Brigade	3198	Police Officers are trained and certified by St. John.
5	International Life Saver	1333	For communities, particularly those in the rural areas.
6	Emergency Aid	1016	A basic course for senior staff of companies and other institutions.
7	Care For the Sick	23	Uniformed volunteers.
8	Care For the Sick		Police Officers.
9	Life Saver for Babies and Children	78	For mothers, house helps, security guards and Kindergarten teachers.
10	First Aid on the Road	1	Road users.
11	Talks and Demos	1	Sessions
	TOTAL	10359	

A First Aid training session at Chumvi black Spot Rescue Centre.



b) Emergency Services

St. John Kenya increased its fleet of ambulances from 10 to 12. Of these ambulances, 6 are in Nairobi, 2 in Mombasa and one each in Kakamega, Nakuru and Kisumu. In 2008, the department received funds from the Order Secretariat for the purchase of an ambulance to help during the Post Election Violence. St. John Kenya topped up the amount and purchased two ambulances.

Ambulance Department provides 4 different services: -

- **Regular Calls**

These are calls made by individuals who require to be taken to various hospitals for medical care.

- **Ambulance Contract Scheme**

This is a subscription scheme that provides ambulance services to staff of companies and other organizations. Members of the scheme pay a nominal fee annually.

- **Emergency Calls (Mercy Calls)**

St. John responds to emergencies and disasters free of charge. Such emergencies include; road traffic accidents, fires and natural disasters. The service also reaches out to street families and other deserving members of the public who often seek help from St. John.

The expenditure on ambulances has remained relatively high as a result of rising fuel prices and maintenance.

Table 5: Ambulance Service provided in 2008

MONTH	CONTRACT CALLS		REGULAR CALLS		EMERGENCY CALLS		PUBLIC DUTIES	
	NO	KMS	NO	KMS	NO	KMS	NO	KMS
January	40	1687	116	3801	59	7184	23	1284
February	50	2301	129	3331	20	1612	16	589
March	39	1620	128	3418	31	2729	23	592
April	64	2304	130	3980	23	520	15	455
May	76	3090	127	5612	32	1765	22	518
June	56	1869	118	5323	21	517	60	3044
July	79	2883	106	3980	18	847	39	1260
August	61	1975	128	4937	21	479	44	1983
September	52	1620	136	4399	11	139	42	2089
October	59	2070	155	5719	31	566	37	1590
November	62	2399	145	4718	24	548	37	1813
December	51	1387	112	6818	9	231	42	1389
TOTAL	689	25,205	1,530	56036	300	17137	400	16,606

We thank all companies, Government departments, Churches and individuals who used St. John Ambulances during their events. Your contribution helped to save lives.

In 2008 the Ambulance staff undertook refresher Emergency Medical Technician (EMT) training facilitated by the Aga Khan University Hospital in Nairobi.

c) Operations

The operations of St. John Ambulance are undertaken by the volunteers who offer their time, skills and resources to serve humanity. In 2008, St. John Volunteers participated immensely in supporting the internally displaced people in various parts of the country.

The number of uniformed volunteers grew from 14,991 in 2007 to 16,309 in 2008 (8.8%).

Table 1: Number of volunteers per category

Region	Badgers	Cadets	Adults	Doctors	Nurses	Total
Nairobi	890	2189	1067	7	11	4164
Coast	346	459	502	4	12	1323
Rift Valley	24	705	671	4	9	1413
Nyanza	338	1098	1030	0	14	2480
Western	26	846	1609	10	19	2470
Eastern	259	530	1493	1	3	2286
Central	20	500	115	-	-	635
Kenya Railways	-	71	268	-	-	339
Kenya Ports Authority	312	409	423	4	9	1157
Total	2215	6807	7178	30	77	16309

Badgers (aged between 6 -11 years old) are the youngest volunteers in St. John, while Cadets are aged between 12 and 17 years.

In recognition of the commitment, discipline and services offered by the volunteers to the general public, St. John Kenya won the **Volunteer Organization of the Year Award (2008)**.

▪ Public Duties

St. John volunteers provide First Aid services during various public functions. This function is undertaken jointly by the Ambulance Services department and the uniformed volunteers. The events covered include; public functions, conferences and seminars, sports and social events among others.

In 2008, the total number of public duties performed by the volunteers was 405. The number of Man Hours accumulated by the volunteers was 18,863.

Table 2 Number of public duties and man hours

Region	Number of Public Duties	Man Hours
Western	2	220
Nyanza	13	80
Coast	21	875
Eastern	7	504
Rift Valley	15	162
Nairobi	347	17022
Total	405	18,863

The major duties covered during the year included;

- Nairobi University Graduation Ceremonies.
- United States International University Graduation Ceremony
- Parklands Baptist Church Musical Concert.
- Global Health Care HIV/AIDS Concert
- KENGEN Annual General Meeting

- Tusker Safari Sevens Rugby Tournament.
- Aga Khan Golden Jubilee Sports Festival
- Barclays Step A Head Charity Walk.
- Party of National Unity (PNU) Delegates Conference

▪ **Community Services**

In the spirit of volunteerism, members of St. John Kenya participate in activities that are geared towards improving the lives of community members. These activities include clean up campaigns, tree planting, medical camps, support to orphans and people living with HIV/AIDS (PLWAS). Sometimes the volunteers also visit Children’s Homes and hospitals.

In 2008, the number of community services performed was 120. Below is a breakdown of duties done per Region, number of duties and man hours.

Table 3: Community Services

Region	No of Duties	Members	Man Hours
Western	3	15	180
Nyanza	18	144	1827
Nairobi	29	750	5,668
Eastern	6	87	421
Coast	14	215	6180
Rift Valley	50	406	486
Total	120	1,617	14,762

▪ **Regional Commissioner’s meeting**

The Regional Commissioner’s held their meeting on 29th November, 2008. The Chief Commissioner, Senior Brigade Officers, Regional Commissioner’s from across the country and senior staff attended. The meeting discussed issues pertaining to strengthening of volunteer operations.

▪ **Operations and Training Management Committee and Sub-Committee meetings**

The Operations and Training Management Committee met on 18th October, 2008. This is the Committee that deals with policy decisions of the Operations and Training departments of the organization and is chaired by the Chief Commissioner.

▪ **First Aid Competitions**

St. John recognizes that First Aid has all to do with human life and therefore continuous training and assessment of members is of paramount importance. Competitions in First Aid are organized from the grass root to the National level to assess competence of members.

The National Competitions in 2008 were held in the months of September and October as shown in the table below.

Table 4 National Competitions 2008

First Aid Competition	Date and Venue	Chief Guest	Overall Winners
National Cadet First Aid Competitions	27 th Sept 2008 at Starehe Boy’s centre	Mrs. Margaret Sirima	Rift Valley
National Adult First Aid Competitions	25 th Oct 2008 Bomb blast site, opposite Pioneer Building	Mr. Henriques Katema, Director of Marketing	Nairobi Region

- **Annual Parade and Inspection**

The Annual Parade and Inspection is one of the most important events in the Calendar of St. John worldwide. The event is a commemoration of St. John Day, during which the strength and effectiveness of uniformed members is assessed. The 2008 Annual Inspection Parade was a colourful event presided over by Hon. Kalonzo Musyoka, EGH, MP., the Vice President of the Republic of Kenya.

The Parade was held at the Uhuru Park and was attended by both uniformed and non uniformed members led by the National Council Chairman, Hon. Maj. (Rtd) Marsden Madoka, EGH, C.St.J. The members on the parade were 219 Badgers, 567 Cadets and 318 Adults. Members of the Kenya Police, Railways, KPA and Fire Brigade also participated.

- **Flag Day**

St. John volunteers participate actively in raising funds to support St. John activities. They do this annually on the 1st Saturday of July.

In 2008, the volunteers raised Kshs.212,546.00 with the highest contribution of Kshs. 191,642.00 coming from Nairobi Region. The Kenya Police raised Kshs. 9,946.00, appreciated.

The money raised goes to the volunteer Divisions and Corps to run their annual activities.

Youth programme

1. Educational Camps and Expeditions

The Young Volunteers participated in several Educational Camps that were held during the weekends and school holidays in April, August and December. The purpose of the camps was to;

- Train and certify volunteer members in proficiency.
- Instil discipline.
- Provide an opportunity for adventure and recreation.

Among the lessons learnt were leadership, personal development, communication, planning and time management. They also learnt how to deal with emergency and disaster situations.

2. Cadet First Aid Competitions

The National Cadet First Aid competitions were held on 27th September 2008 at the Starehe Boys Centre. The Chief Guest was Mrs. Margaret Sirima, Senior Lecturer, Nairobi Hospital School of Nursing.

3. Badger First Aid Competitions

Nyanza is the only Region which organizes First Aid competitions for Badgers.

4. Drill Competitions

St. John Ambulance organises drills for its uniformed volunteers to help instil virtues such as discipline and perseverance, particularly among the young volunteers.

On 11th October 2008, 200 cadets and 30 badgers from various divisions in Nairobi participated in the Drill competitions held at the General Service Unit Embakasi Training School. Kayole Division emerged the winners of the competition.

5. Youth Peer Education

St. John conducts Peer Education for its young volunteers. The rest of the Regions conducted awareness outreaches and other Peer Education activities. The Peer Educators have continued to conduct these activities without donor support.

Peer Education training in 2008

Region	Male	Female	Total
Nairobi	30	47	77
Nyanza	11	19	30
Eastern	27	63	90
Coast	09	06	15
Total	47	78	135

Peer Education Reach in 2008

Region	Male	Female	Total
Nairobi	170	275	345
Coast	650	1200	1850
Nyanza	319	353	672
Eastern	588	1090	1678
Total	1,727	2,918	4,545

Other programmes

Projects

St. John runs several development projects to address the health needs of communities.

- **Home Based Care**

St. John volunteers are trained as Community Health Workers (CHWs) to provide care and support to people infected and affected by HIV/AIDS. They play an important role in minimizing the pain of infected and affected persons.

A total of 208 Community Health Workers were trained in 2008 as shown in the table below:

No of Community Health Workers trained in 2008

Region	Male	Female	Total
Western	22	60	82
Nyanza	14	26	40
Nairobi	0	0	0
Eastern	24	34	58
Coast	19	11	30
Total	79	129	208

Currently, St. John Kenya has a total of 1,598 Community Health Workers (CHWs) providing services to People Living with HIV/AIDS (PLWAs).

Community Health Workers usually train Care givers to offer services directly to affected individuals and families. Care Givers are trained from among family and friends to offer basic care to the sick. Currently the number of caregivers who have been trained and are offering their services is 1,709.

Total number of Community Health Workers (CHWs) Caregivers and Clients

Region	Community Health Workers	Care givers	Clients
Western	680	447	915
Nyanza	293	491	246
Nairobi	15	520	540
Eastern	509	176	283
Coast	74	49	30
Rift Valley	27	26	166
Total	1598	1709	2,180

In the course of providing services, the CHWs realized that Orphans and Other Vulnerable Children (OVCs) were facing numerous problems. Some of the CHWs sourced for food from local religious institutions and distributed to the Orphans.

The volunteers of St. John lived up to the Organization's motto and sacrificed not just their time, but also their resources to help deserving persons in the community.

Some of their contributions included: -

- Soliciting for funds from Churches for Orphans and PLWAS.
- Contributing money to help PLWAS.
- Helping Orphans and PLWAS to cultivate their land and harvest crops.
- Contributing towards hospital bills.
- Provision of Amaranth and Vitacaps

- **Income Generating Project for Community Health Workers**

St. John recognized that the CHWs were making a lot of sacrifice to help people living with HIV/AIDS at the expense of their families. St. John decided to start Income Generating Activities to help them raise additional income. Each Region organized one training session on Group Savings and Loans facilitated by volunteers working for Care Kenya. The training was aimed at inculcating a saving culture among the CHWs. The funds to start the savings and loans scheme were provided by Johanniter Unfall e.V.

Some of the activities that members are involved in are; goat rearing (for milk which is highly nutritious and recommended for people living with HIV and AIDS), buying and selling of cereals, rearing of dairy cattle and horticultural farming.

Table showing disbursement of funds to CHWS involved in Group Savings and Loans in various Regions.

Region	Beneficiaries	Amount (Kshs)
Nyanza	51	51,000
Western	30	35,000
Eastern	35	35,000
Total	116	121,000

- **Voluntary Counselling and Testing (VCT) Centre**

In 2008 the Voluntary Counselling and Testing Centre attended to 1,363 people. The Centre received Accreditation from the National AIDS and STIs Control Programme (NAS COP) which also provided testing kits.

No. of Clients attended to		Total
Male	Female	
821	542	1363

- **Black Spot Rescue Centre**

This project was initiated in 2002 with the aim of equipping people living or working around identified black spot areas with knowledge and skills in First Aid.

St. John trained volunteers from around the Black spots in First Aid and rescue.

In October 2008, St. John received an award from the Association of Kenya Insurers for her contribution in road safety in Kenya during a ceremony presided over by the Minister of Transport and Communication, Hon. Chirau Ali Makwere.

The casualties rescued at the centres during the year were as follows: -

Name of Centre	No. of Casualties
Salгаа	40
Kinungi	30
Mtito Andei	76
Sultan Hamud	17
Kyumbi	123
Kangemi	48

Voi	7
Nithi	48
Makuyu	34
Total	423

NB: Some of the casualties are residents of the areas who sustain injuries as they go about their business.

Location of Rescue Centres and Donors

- Nithi Bridge
 - Makuyu
 - Saalga
 - Kinugi
 - Kangemi
 - Kyumvi Machakos/Mombasa Road junction
 - Sultan Hamud
 - Mtito Andei
 - Voi
- } Supported by BP Kenya Shell Ltd.
- } Supported by Safaricom Limited

Key events from the year

1. Volunteer of the Year Award (VOYA)
2. ISO 9000:2001 Implementation
3. Company of the Year Award (COYA)
4. Support to people affected by the Post Election Violence



From left; National Council Chairman, Hon. Maj. (Rtd) Marsden Madoka, EGH, C.St.J, Mrs. Eva Mwai, Chief Executive Officer, Regional Commissioner, Nairobi, Mr. Hakim Wansawa, Mrs. Madoka and Mr. John Mwalagho, Program Manager during the Volunteer of the Year Award ceremony held on 5th December 2008.

Key partners and relationships

St. John Kenya has a number of partners;

- a) In 2008, the Order Secretariat linked St. John Kenya with Somerset County under the Short Term Assistance Plus Local Effort (STAPLE) programme. From Somerset, the Organisation will benefit technically and materially as the two establishments exchange experiences and ideas.
- b) The Order Secretariat provided a lot of support to St. John Kenya through the Small Grants Scheme, Capacity Building programme, purchase of ambulances, sourcing for funds for the Uniforms Supplies Centre and sponsoring members to various Regional and International meetings.
- c) Johanniter provides funding for the Home Based Care course. The Organization provide funds for activities undertaken following the Post Election Crisis.
- d) Johanniter linked St. John Kenya to the Federal Government of Germany which supported the activities during the Post Election Violence.
- e) The National AIDS and STIs Control Programme (NAS COP) and National AIDS Control Council (NACC) provided guidance in the implementation of the Home Based Care project.
- f) Kenya Shell Ltd. provided fuel during the Post Election Violence.
- g) Family Health International provided funding for youth and Home Based Care project activities in Mariakani, Mombasa.
- h) The African Medical Research Foundation (AMREF), funded Home Based Care activities in Nyanza Region.
- i) Our Kenyan Kids – Canada (OK Kids), supported activities in Eastern Region.
- j) Ufadhili Trust co-funded the Governance and Leadership workshops for the Regions.
- k) Ministry of State for Youth Affairs.

Other Donors and Collaborators in 2008

- Kenya Ports Authority, donated Kshs. 100,000 towards the National Cadet First Aid Competitions.
- German Speaking Lutheran Congregation donated Kshs. 100,000 towards relief efforts in the Internally Displaced People's camps following the Post election violence.
- Bob Dewar Publicity, donated funds towards the activities of St. John Ambulance Kenya. – Kshs. 10,000.
- Adventure Technology, donated a Motor Bicycle – cost estimated at Kshs. 60,000.
- The Kenya Police – Kshs. 20,000
- G4S Security Services, donation of free parcel delivery services

